Document Number: V25.05.7 Chapter: Blue Cross Blue Shield FEP Vision - 2025

Medically Necessary Contact Lenses

Blue Cross Blue Shield FEP Vision Section 5 Vision Services and Supplies

Medically Necessary Contact Lenses

Medically Necessary Contact Lenses: Contact lenses may be determined to be medically necessary and appropriate in the treatment of patients affected by certain conditions. Clinical documentation may be requested from your doctor to support the medically necessary contact lenses. Contact lenses may be determined to be medically necessary in the treatment of specific eye conditions such as:

Keratoconus
High Ametropia
Anisometropia
Aphakia
Aniridia
Moderate to Severe Dry Eye Disease
Irregular Astigmatism

Having the diagnosis of a particular eye condition does not guarantee that the contact lenses would be determined to meet the criteria as outlined in the clinical guidelines.

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